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| e-mail usyour questions about this site![about us](http://www.therubins.com/AppData/Roaming/Microsoft/editors.htm) |                                           A picture containing text, clipart  Description automatically generateda website for senior citizens and those who care about them | [**OUR INTERVIEWS WITH EXPERTS**](http://www.therubins.com/AppData/Roaming/Microsoft/interviews/index.htm) |
| [**NURSING HOMES**](http://www.therubins.com/legal/homes/index.htm)[**AGING PROCESS**](http://www.therubins.com/legal/aging/index.htm)[**ALZHEIMER'S**](http://www.therubins.com/legal/alzheim/index.htm)[**ASSISTED LIVING**](http://www.therubins.com/legal/assisted/index.htm)[**BOOKS**](http://www.therubins.com/legal/books/index.htm)[**EYES**](http://www.therubins.com/legal/eyes/index.htm)[**GENERAL INFO**](http://www.therubins.com/legal/geninfo/index.htm)[**HEALTH & PREVENTIVE CARE**](http://www.therubins.com/legal/health/index.htm)[**HEARING**](http://www.therubins.com/legal/hearing/index.htm)[**HELPFUL IDEAS**](http://www.therubins.com/legal/ideas/index.htm)[**ILLNESSES**](http://www.therubins.com/legal/illness/index.htm)[**LEGAL**](http://www.therubins.com/legal/legal/index.htm)[**LETTERS TO EDITORS**](http://www.therubins.com/legal/Letters%20to%20Editor/Letters.htm)[**MEDICARE & MEDICAID**](http://www.therubins.com/legal/medicare/index.htm)[**REHABILITATION**](http://www.therubins.com/legal/rehab/index.htm)[**RESOURCES**](http://www.therubins.com/legal/resource/index.htm)[**SOCIAL SECURITY**](http://www.therubins.com/legal/socsec/index.htm) | **The Inflation Reduction Act of 2022-** Three cost and coverage changes to Medicare.**(2/10/23)-** There are 3 major Medicare changes that have been enacted in the recently passed Inflation Reduction Act of 2022. They are as follows:* The capping of insulin prices for Part D beneficiaries at $35 per month, with no deductible.
* Adult vaccines covered by Part D are now free without deductibles or co-pay, just as the flu and pneumonia (covered by Part B) are now.
* When prices for drugs covered under Part D, and some under Part B increase faster than the rate of inflation, this law requires drug manufacturers to pay rebates or face strict penalties.

**FOR AN INFORMATIVE AND PERSONAL ARTICLE ON PRACTICAL SUGGESTIONS WHEN SELECTING A NURSING HOME SEE OUR ARTICLE** ["How to Select a Nursing Home](../aging/homes.htm)By Allan Rubin and Harold Rubin, MS, ABD, CRC, Guest Lecturer*posted February 10, 2023*[http://www.therubins.com](http://www.therubins.com/)To e-mail: harold.rubin255@gmail.com or allanrubin4@gmail.com [Return to Home](../index.htm)TheRubins.com |  **A personal and practical article on**[**Selecting a Nursing Home**](http://www.therubins.com/AppData/Roaming/Microsoft/aging/homes.htm)[**Helpful Web Sites**](http://www.therubins.com/AppData/Roaming/Microsoft/aging/sites.htm)[**Senior Citizen Discounts**](http://www.therubins.com/AppData/Roaming/Microsoft/aging/discount.htm)[**Finding Discounted Airline Fares for Seniors**](http://www.therubins.com/AppData/Roaming/Microsoft/geninfo/airdisc.htm)[**Advanced Directives-Living Will and Health Proxy**](http://www.therubins.com/AppData/Roaming/Microsoft/aging/livwill.htm) -Linkages are provided for you to download for free Power of Attorney and/or Living Will Forms[**Hospitals, "Magnet" Hospitals, Physicians and Nursing Homes Ratings on the Internet**](http://www.therubins.com/AppData/Roaming/Microsoft/aging/hospratII.htm)[**Using the Web to Help You Buy Discounted Prescription Drugs**](http://www.therubins.com/AppData/Roaming/Microsoft/resource/discdrugs.htm)**Sam Rubin's"**[**Yale Football**](http://www.therubins.com/AppData/Roaming/Microsoft/books/Yale%20Football.htm)**""**[**Baseball in New Haven**](http://www.therubins.com/AppData/Roaming/Microsoft/books/baseballnh.htm)**"**[**Free Seminars and Lectures**](http://www.therubins.com/AppData/Roaming/Microsoft/aging/seminar.htm) |
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